

Option 2: Ambleside & Grasmere

This itinerary takes you to the charming Lakeland villages of Ambleside and Grasmere. Take the train to Windermere Train Station (A), before hopping on the bus to Bowness-on-Windermere – a number of services are available including the 599, 6, and the 755; with the bus stop right outside the train station.

Head for Bowness Pier where you'll board your Windermere Lake Cruises boat 1 to discover the area from the water. Check the timetable and choose your departure time – your Lakes Day Ranger includes a one-way trip on a Red or Yellow cruise.

For this itinerary, we'll be taking the Red Cruise: a tour of the northern half of the lake, which stops at Ambleside – a pretty Lakeland town packed with independent shops and eateries.

There are also a number of walks to be enjoyed around the town, including the striking Stockghyll Force Water-falls 7 which are just a short walk from the town centre. Visit the Armit Museum 8 to learn more about the history and heritage of Ambleside and its people. Enjoy a spot of lunch before taking Stagecoach bus 555 or 599 from Ambleside bus stop (located on Kelsick Road opposite the Library; LA22 0BZ) to Grasmere.

Alight at the 'Grasmere, Daffodil Hotel for Dove Cottage' stop and visit Wordsworth Grasmere 9, location of Wordsworth's former home of Dove Cottage; and a modern museum highlighting his life and works. Then, you can either walk the short distance into the centre of Grasmere. From here, there's also Allan Bank 10: a short walk from the centre of the village and another former home of Wordsworth.

If you're feeling adventurous, a number of walks can be accessed from here too. Easedale Tarn 11 is a 5-mile round trip from the centre of Grasmere which takes you to a pretty tarn with views back towards the village.

There is also Helm Crag 12, often known as the Lion and the Lamb. This is a steeper route and a 4-mile round trip from Grasmere; it includes a Wainwright for anyone ticking them off their list.

Back in the village, refuel with a bite to eat at a local pub, before taking the bus back to Windermere Train Station (A) where you can take the train home.



Useful Information

Visit www.visitlakedistrict.com/sustainablestays to book accommodation and more car free inspiration.

Walking routes are for illustrative purposes only. If you are heading out on the fells make sure you're adventure smart at www.adventuresmart.uk

The Low Carbon Lake District initiative is a comprehensive programme to help tackle climate change in the Lake District National Park, working to reduce greenhouse gases and prepare for the impacts of climate change.

The project has received funding from the England European Structural and Investment Funds Growth Programme 2014-2020. Find out more at <https://www.lakedistrict.gov.uk/caringfor/policies/lowcarbonlakedistrict>

BECOME A LAKES DAY RANGER A CAR-FREE DAY OUT BY RAIL, BUS AND BOAT



Leave the car behind and head for the South Lakes via public transport, with the Lakes Day Ranger ticket. Offering excellent value for a car free day out, this combined ticket includes rail travel from Lancaster, Morecambe, Heysham and Carnforth to the Lake District; unlimited bus travel once you're there; and a boat cruise on Windermere.

Not only is it excellent value for money, it's also better for our environment too.



Visit Lake District, Cumbria



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Travel with Stagecoach throughout Cumbria

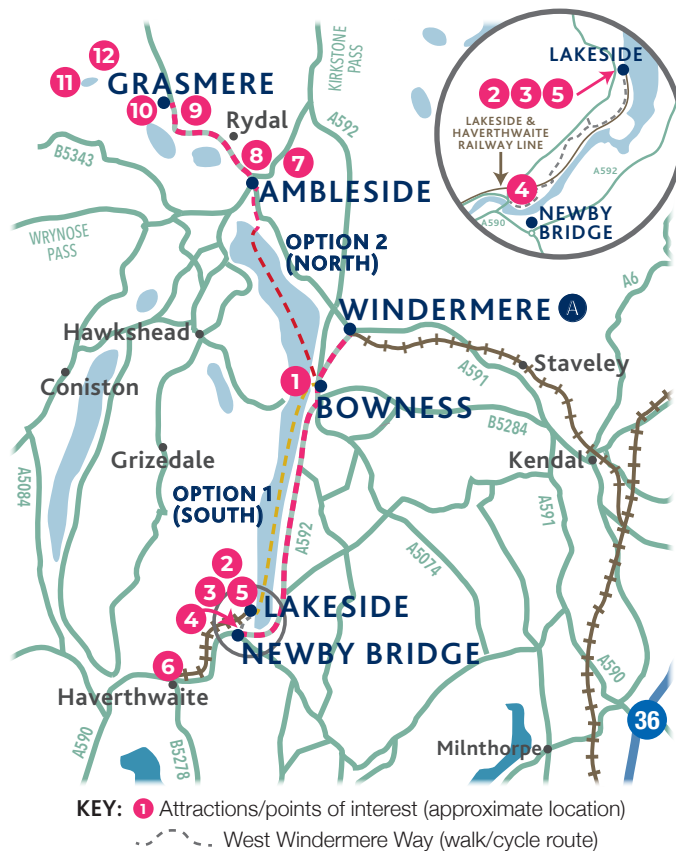
The Lakes Day Ranger Ticket

- Includes rail travel with Northern, Avanti West Coast and TransPennine Express services between Lancaster and: Workington (via Barrow in Furness); Penrith / Windermere (via Oxenholme Lake District); and Morecambe and Heysham Port.
- Includes bus travel on all Stagecoach buses within Cumbria; and the 555 service between Cumbria and Lancaster.
- The ticket also includes a single ticket on a half lake cruise on Windermere Lake Cruises scheduled services. These include the Red Cruise, which travels from Bowness – Ambleside; and the Yellow Cruise, which travels from Bowness – Lakeside.

Ticket prices:

- Adult: £28.50
- Child: £14.25
- Railcard holders: £18.80
- Family ticket: £56 (up to four people travelling together; max 2 adults. Two adults can travel without a child)

Please check prices at www.northernrailway.co.uk before travelling.



Option 1: Western Windermere - Family Fun or Foodie Frolic

For this option, we head for the south of Windermere, where you'll find a whole host of attractions; as well as a brand new, accessible path running alongside the water. We'll be traveling by a combination of bus and boat to explore the area.

Take the train or bus to Windermere Train Station (A), and follow the way-marked route into Bowness to explore; before boarding your Windermere Lake Cruises service 1.

For this itinerary, opt for the Yellow Cruise: a tour of the southern half of the lake, which stops at Lakeside where there are attractions including the Lakeside & Haverthwaite Railway 2 and the Lakes Aquarium 3.

Lakeside also marks the start of the newly created West Windermere Way: an accessible, one-mile route which will run between the Lakeside Ferry Terminal and the Swan Hotel 4 in Newby Bridge. The first section, opened in



Walk or ride along the West Windermere Way

Spring 2023, connects Lakeside with the Swan Hotel at Newby Bridge. The route was funded by the European Structural Investment Fund as part of the Low Carbon Lake District Programme and consists of locally sourced stone paths and boardwalk sections; along the way you'll find parkland and views over Windermere.

The route is open to walkers and cyclists; as well as being accessible to pushchairs and some wheelchair users. Once fully completed in Summer 2023, the route will extend to the YMCA – with the aim of linking to the existing Windermere West Shore Way that goes to Wray Castle, meaning you'll be able to explore this beautiful area entirely car free.

For the Foodies a stop for lunch at the Lakeside Hotel & Spa 5 at the start of the route, or the Swan Hotel & Spa 4 at Newby Bridge is highly recommended.

You can pick up the West Windermere Way if you head down the side of the Aquarium and through the rear car park. Follow the route through to the Swan Hotel at Newby Bridge 4.

If you fancy a ride on a steam train instead of the walk the Lakeside and Haverthwaite Railway 6 operates a seasonal service from Lakeside. Alight at Newby Bridge Holt Station (Request stop, talk to the ticket booth on the platform for details). From here you can follow the quiet road by the river to the Swan Hotel. Here you can enjoy some food or a drink by the marina and/or a play on the adventure playground. You can even hire a stand-up paddle board if you have time to spare.

When you are ready to head back to Bowness, cross the bridge and catch the number 6 bus back to Windermere from the bus stop at Newby Bridge.